

Helping Hungry Kids

Weekend Meal Suggestions

Helping Hungry Kids Bag

- **Gallon bag**
- **2 Breakfasts**
- **2 Lunches**
- **2 Dinners**
- **2-3 Snacks**
- **1 Drink**

Breakfast



Lunches / Dinners



Drinks



Snacks

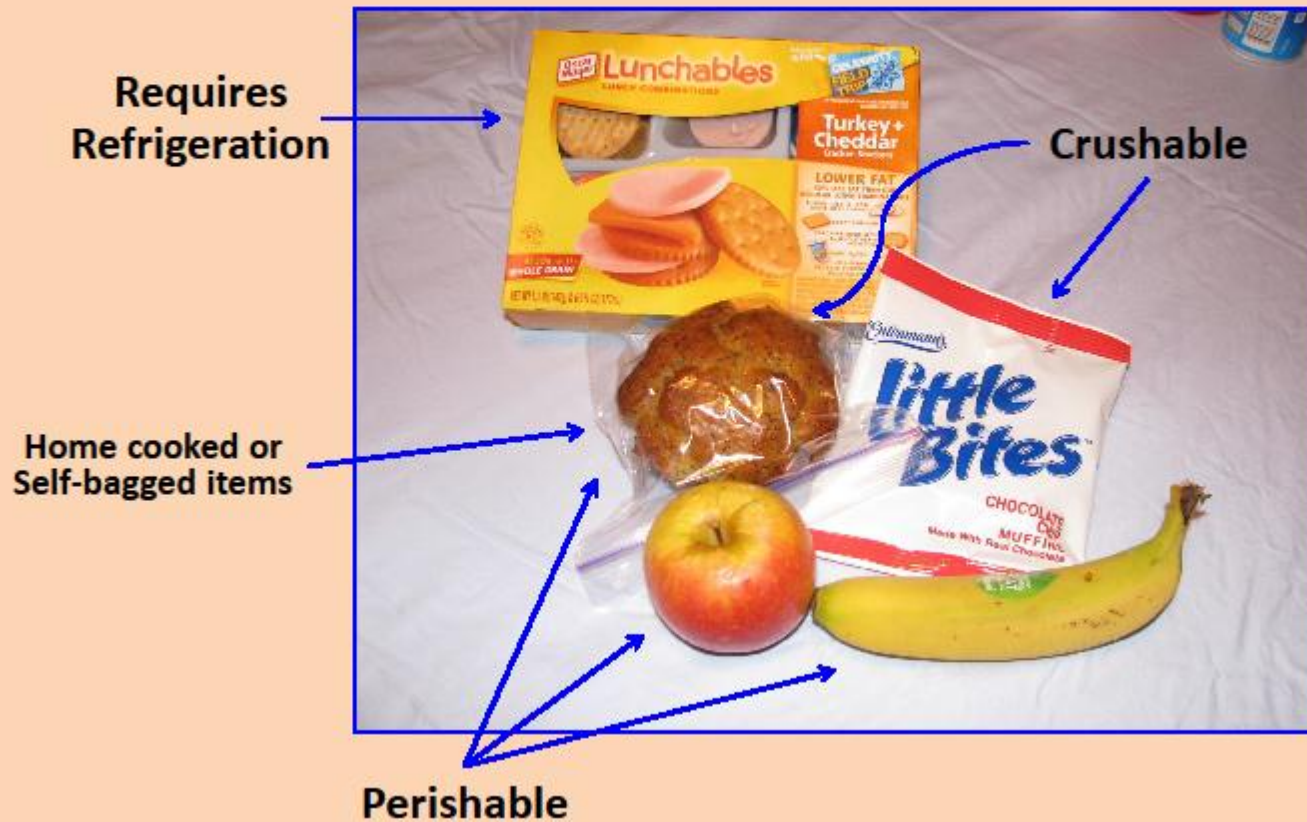


Completed Bags



Ziplock bags should seal easily with extra space at top.

Do not pack these...



Thanks for...
Helping Hungry Kids